



OPERATION RICE BOWL

for College

Each Lent, college communities across the United States participate in Operation Rice Bowl to put their faith into action. Here are 4 ways you can **live out your Lent** in global solidarity.

1. Ash Wednesday Kick-Off

Mark the beginning of Lent by distributing ORB materials at your community's Ash Wednesday mass.

Visit <http://orb.crs.org/> to order your free ORB materials or to download the interactive ORB Stations of the Cross

2. Daily Calendars

Use your ORB Home Calendar guide for daily reflections, stories and recipes from CRS projects overseas.

Pray each day in lent.



3. ORB Online Community

Join the ORB Online Community and receive weekly emails with a more in-depth reflection on our call as Catholics to live in solidarity with the poor.

4. Share a Simple Meal

Bring together your "family on campus" and share a simple meal using the meatless recipes from the ORB countries featured in the Home Calendar Guide.



To order materials visit...

Operation Rice Bowl: <http://orb.crs.org/>
CRS Campus Connection: www.crs-campus.org